

Plein-Air Oil Painting: Materials list - Newstead Arts Hub, with Mark Dober

- An easel (preferably a French Box easel rather than a lightweight sketching easel). A folding stool if you want to sit. If you don't have an easel you can use a folding table.
- At least 3 stretched canvases (we aim to complete at least 3 paintings). 16" x 20" is a good size, but you may choose to go a little smaller, or larger, depending on how you paint. Perhaps have a couple of different sizes and formats (shapes) on hand (if you are painting a distant panorama a long format may work best).

I recommend a couple of small canvases on hand for supplementary works if you finish early (distant views tend to be painted in less time than more close up subjects, particularly where buildings are present, so you may find that you do have time, depending on what you paint, for a second small study).

- Bristle brushes: the essentials are one thin pointed bristle brush, for detailed work, a couple of square ended bristle brushes - small to medium size – mostly relied upon for the painting, and one square ended bristle brush around ¾ inch wide for blocking in large areas like the sky and foreground.
- Oil Paint – Art Spectrum is what I use, or you can use your usual brand. Do not use cheap student brands.

Colours recommended (that I use) are: Titanium White, Spectrum Yellow, Light Red, Ultramarine Blue, Prussian Blue, Black. (I also use Cadmium Orange, which is series 4). Feel free to bring whatever colours you already have.

If you prefer to work in Acrylics that's fine.

- Oil painting medium. I mix my own medium – 60% linseed oil and 40% low odour turps. Bring along whatever you usually use, but don't use pure turps as it dulls the paint.
- A dip for the painting medium.
- Palette of large size (a too small a palette encourages confusion)
- Palette knife to clean the palette
- Lots of rags (and plastic bags for their disposal)
- Mineral turps to clean brushes, decanted into a small jar with a lid when painting. Or linseed oil as an alternative.
- A hat, water bottle, lunch.